



2 Elton Avenue High Barnet Herts EN5 2EA, Tel: 020 8440 8382

Hopes and Dreams Montessori Nursery School Ballet Class Enrolment Form

Dear Parents/Guardians,

The Lucy Harmer School of Dance specializes in introducing children to the wonderful world of movement and dance. With the use of carefully prepared musical accompaniment pupils are encouraged to explore their creativity through movement. Children enjoy interpreting different types of movements that they see in the world around them such as animals, nature and characters from stories etc. During the ballet class this is encouraged through imaginative stories and songs. Pupils will cover a wide range of contrasting movements (throughout stories, songs and exercises) that will heighten awareness of the abilities, e.g. walk like a giraffe-taller, taller-now be as small as a mouse, creep, creep-now a very noisy elephant, stamp, stamp-can you tip-toe like a ballet dancer? Or bounce like a rabbit? The music used in ballet also encourages free movement as children learn to jump, skip, march, gallop, wiggle, crouch, fly, and curl up as they interpret the moods of the music. Props are sometimes incorporated into the lessons along side the music, such as ribbons, scarves and musical instruments, which help with rhythm and listening skills.

One of the main aims of the dance lesson is to build strength, flexibility and co-ordination in a fun and enjoyable way as well as developing self-confidence in moving and generally encourage the blossoming of physical and well being of each individual pupil.

Yours sincerely,

Faye Harmsworth (AISTD)
Principal



Use of Physical Contact

By enrolling my son/daughter in the Lucy Harmer School of Dance - I accept that the teachers may use physical contact when helping to improve my child's/children's posture or assist in movements. My signature below confirms my consent to the condition of entry printed above.

Ballet at Hopes and Dreams – for children who are 2.5 years and older

I would like my child to attend **Lucy Harmer School of Dance** sessions at Hopes and Dreams Nursery School, commencing from (Please tick)

Summer Term *Autumn Term* *Spring term*

I am aware that my child will be included in every subsequent Term's class unless I opt-out in writing. My Nursery account will be charged accordingly.

NB – You will be notified of any charges applied to your Nursery account in advance of the Term

Tick appropriate box

Please collect **£72.00** payment by Direct Debit

I attach a cheque for **£72.00** made payable to Hopes and Dreams (City) Ltd

Child's Name Date of Birth

Classroom

Parent's Name (PRINT)

Signature..... Date.....